



Fremantle AUSSI
invites your club to participate in the

2009 Be Active Club Challenge Series
to be held on Sunday 25th October 2009
at Fremantle Pool (50m/outdoor), Shuffrey Street, Fremantle

8 am warm-up for an 8.45 am start

- Pool entry - \$4.70 swimmers, \$3.70 concession, \$1.80 non-swimmers
- Participation fee - \$3 (to cover lane hire)
- Sausage sizzle - \$2

PROGRAM

Event 1	200 metres Freestyle	}	Please choose only one of these events
Event 2	200 metres Backstroke		
Event 3	200 metres Breaststroke		
Event 4	50 metres Freestyle		
Event 5	50 metres Backstroke		
Event 6	50 metres Butterfly		
Event 7	50 metres Breaststroke		
Event 8	4 x 50 metres Mixed Freestyle Relay		
Event 9	4 x 50 metres Mixed Medley Relay		

Maximum 3 individual events per swimmer

Participating clubs: Cockburn, Gosnells, Mandurah, Osborne Park, Rockingham, Stadium Snappers

A sausage sizzle will be followed by the Interclub Challenge presentations immediately after the conclusion of the meet. Drinks will be on sale.

Clubs are requested to email either Meet Manager or Team Manager respective files by **Saturday 17 October 2009** to fremantleaussi@hotmail.com **including the relay teams.**

The required monies can be mailed by cheque/ money order to Fremantle AUSSI, PO Box 1453, Fremantle, 6959.

Contact: Robert Buetler 0410 419 558

Please remember to bring stopwatches and timekeepers.

Only 1 points scoring team/age group/club/relay will be permitted.